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# Harold Martin School

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February 2, 2007

## Parent Flash

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**Greetings** from Harold Martin School. I often look out my window in my office to gain inspiration for the *Flash*, and I have to admit that I am used to seeing winter all around at the beginning of February. According to the National Weather Service, we (in Concord) have the lowest snowfall on record for the period of October through January. Of course, we could have some of those February and March snowy months.

Most of you have heard about our **100<sup>th</sup> Day Can Drive**, an idea hatched by Kindergarten teacher Dott. Blanchard. The mantle was passed to Lauren Perleoni, a New England College student teacher working with Third Grade teacher Terry Grady. Ms. Perleoni needed to complete a community service project in our school and she has done a great job facilitating the endeavor. The goal is for each grade level to collect 100 cans and as of this morning, the last day to collect cans, we have reached well over 500.

This week, Marilyn Ceriello-Bresaw, Hopkinton Human Services Director, spoke to Mrs. Grady/Perleoni's class regarding the need that exists in Hopkinton for the Food Pantry, the eventual location of the donated cans.

We will officially celebrate the donation to the Food Pantry on Thursday, February 8 (the 100<sup>th</sup> day of school) and by then, the cans will be delivered to the Pantry, which currently serves 50 families and gives out about 150 cans per week. I would encourage Hopkinton families to get in the habit of donating to the Food Pantry and perhaps contacting Marilyn at 746-5729 if you have any questions.

I must send out this reminder to those who use the **parking lot** to drop your children off in the morning. Please remember the following:

- \* *Drive slowly* ALWAYS through the lot.
- \* *Do not cut through* the parking lot but follow the markings once you have dropped your child off.
- \* If you must walk your child down to the playground or if you

want to give your child an extended good-bye, be sure you *park first in an approved spot*. If you are in line to drop off your child you should do so and continue on your way. Please do not keep drivers waiting behind you unnecessarily.

\* *Show a little patience*. I have seen unusual tempers flaring when people have to wait. If you are frustrated, feel free to give me a call or visit and take it out on me instead of your neighbor.



I am meeting with town officials and PTA officers within the next week or so to revisit what can be done to improve conditions. Keeping alert, following the guidelines, and staying patient will help tremendously. Thanks.

Have a wonderful Super Bowl Sunday (go Bears) and more importantly enjoy your time with family and friends.

Sincerely,  
Bill Carozza, Principal

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## THE PACE OF PE

**Kindergarten students** were engaged in **Movement with Nursery Rhymes**. Ask your child about the “stretchy hose” we used to create spider legs in the *Itsy, Bitsy, Spider*. The children pantomimed the various actions for different nursery rhymes—galloping, running jumping and marching. What a fantastic unit!

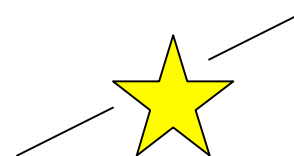
**First graders** were focused on a unit of **Winter Fun**. Students were asked what type of activities they do when there is lots of cold weather for ice and snow. They used yarn balls for snow balls and moved on scooters to simulate sledding, dog sledding, and tobogganing. Using fabric squares, the students pretended to be ice skating, cross country skiing, and snowboarding. Ask your child about “*The Great Snowman Chase*” and what “Warm Up With Exercise” means. What a great way to keep warm during these chilly days!

**Second grade** classes participated in **aerobic exercises** and activities. They were encouraged to focus on how fast

their hearts were beating and how their breathing changed with exercise. The children were introduced to “*Step Aerobics*” and they learned several foot patterns. By performing the repetitive sequence over and over, the children were able to understand that heart rate and respiration increase with aerobic exercise. The students did a wonderful job performing all the patterns and exercises. Awesome work second graders!

**Third graders** were extremely busy this month. The students participated in an **Integrated Arts Unit of Asian Studies**. The children gained an understanding about the cultures of China and Japan through participation in games and activities whose origins come from these countries—Tanko Bushi and the Fan Dance, both rhythmic activities. The students also played games that are similar to what we play here in America. Japanese Jan Ken Po is equivalent to our Rock, Paper, Scissors. Japanese Tag is the same as our Hospital Tag. Through these activities, the children can gain an understanding on how Asian cultures are similar to us. The students were also encouraged to jog the length of the Great Wall of China, over 4,000 miles. For each jog around the MPR every child earned one mile along the Great Wall trail. Collectively, the students jogged 4,163 miles! Great Job!!

**Third graders** are also looking at a **study of the Human Body**. Students are learning that there are over 600 muscles in the body. While performing the Muscle Macarena, the students are able to touch various muscles as they move to the music. Ask your child where these muscles are: Deltoids, Triceps, Abdominals, Hamstrings, Biceps, Quadriceps, and Gluteus Maximus.



This month’s PE **Super Star Awards** went to: **Mrs. Boyko’s** afternoon kindergarten, **Mrs. Pepper’s** first grade, **Mrs. Perkins’** second grade, and **Mrs. Aubertin’s** third grade! Awesome work!

*Looking Ahead...*

**Gymnastics** will be starting soon. In early March, I will be needing **volunteers** to come in and help “spot” the children while they are moving on the equipment: balance beam, vaulting horse, parallel bars and climbing rope. Look for a notice stating dates and time frames to be coming home with your child next week. Any assistance that you can provide is greatly appreciated.



**COMMUNITY NEWS**

*Events listed under Community News do not necessarily indicate endorsement from Harold Martin School or the Hopkinton School District but are provided as a community service.*

**NEXT WEEK AT  
'TWEEN SCHOOL 'N HOME  
CHILD CARE PROGRAM**

Week of January February 5-9,

Monday: The Fine Art of  
Quilling

Tuesday: Won't You Be My  
Valentine?

Wednesday: Happy Hearts

Thursday: CRAZY HAIR  
PAJAMA DAY

Friday: Lava Flow; Music  
Lessons

For more information about TSNH,  
contact  
Linda Ottery at [tsnh@comcast.net](mailto:tsnh@comcast.net) or  
529-2186.

**Candy Making class:** The Hopkinton Recreation Department will be offering a candy making class for teens and adults on Saturday March 10<sup>th</sup> from 1:00 – 4:00 PM at Columbia Hall. The Cost for the class is \$15 and will include supplies and workshop. Candies to be made include: Peanut butter cups, caramels, chocolate covered pretzels and popcorn, turtles, and peppermint or wintergreen filled chocolates. You will be bringing home all of the candies that you make. You must register before March 6<sup>th</sup>. For a registration form contact the Recreation Department at 746-2915 or downloading a form online at [www.hopkinton-nh.gov](http://www.hopkinton-nh.gov) click on "Recreation". Space is limited to the first 10 people so register early!



**Youth Hockey Day:** Join the Hopkinton Recreation Department on Saturday February 3<sup>rd</sup> at 1:00 PM at the Hopkinton Fairgrounds Ice Rink (yellow gate entrance) for an afternoon of youth hockey. The program will begin with a ½ hour hockey lesson and then participants will be broken up into teams for a scrimmage. There is no fee and youth must be able to skate unassisted for this program. For more information please contact the Recreation Department at 746.2915 or go online at [www.hopkinton-nh.gov](http://www.hopkinton-nh.gov) and click on "Recreation."



**Harold Martin School**

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Website <http://www.hopkintonschools.org/hms>

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**Hopkinton Lacrosse  
Registration  
Tuesday February 6<sup>th</sup>  
5:30 – 6:30**

Community Room  
Hopkinton Town Library  
Boys and Girls ages 8-14  
welcome. No experience  
necessary. Registration forms  
can be mailed if unable to  
attend.

Deadline is 2/14/07